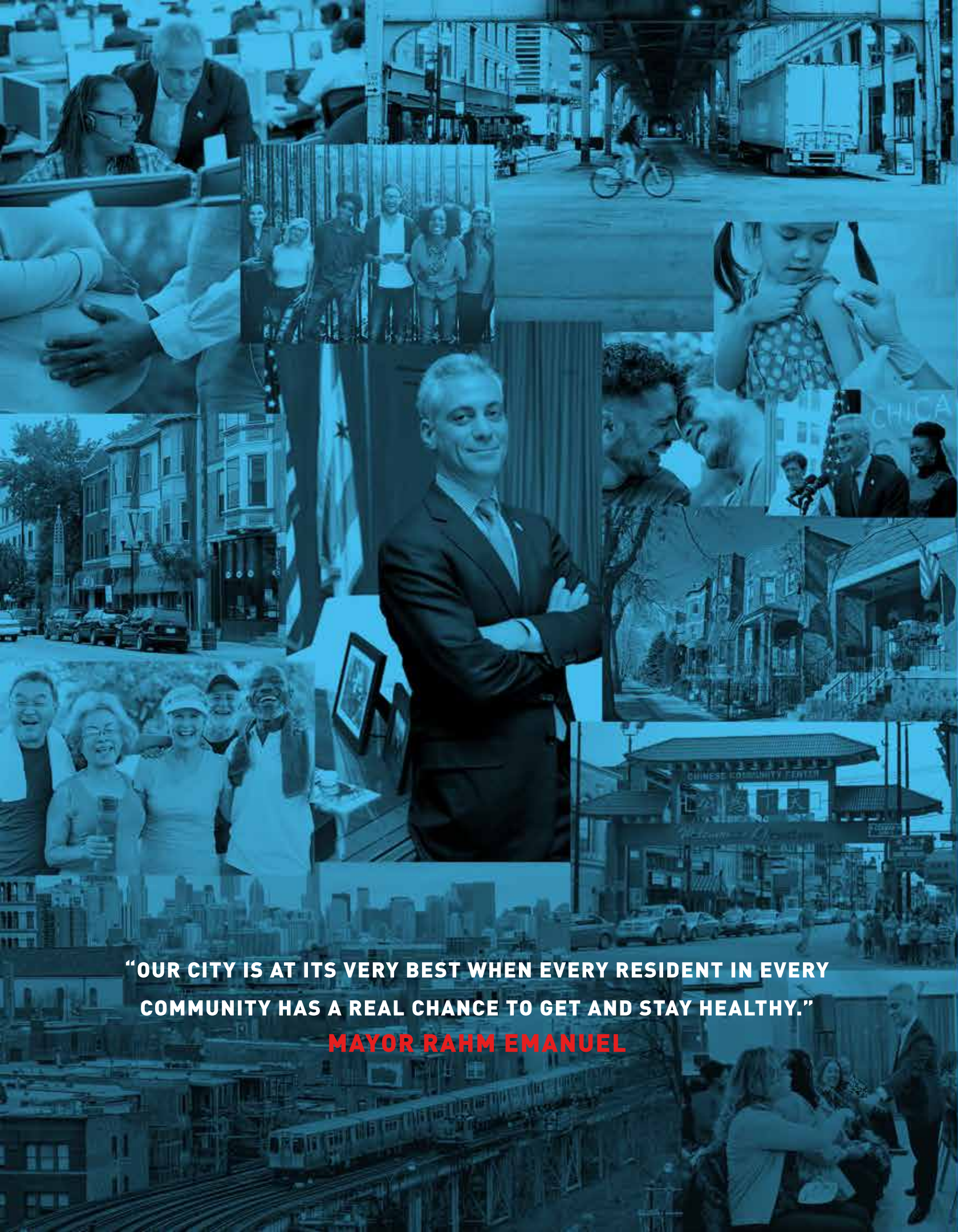


JANUARY 15, 2019

# BUILDING A HEALTHIER CHICAGO







**UNDER MAYOR RAHM EMANUEL'S LEADERSHIP,  
CHICAGO IS HEALTHIER  
THAN AT ANY POINT IN OUR HISTORY.**

**SINCE OUR LAUNCH OF HEALTHY CHICAGO 2.0, WE HAVE SUCCESSFULLY SHIFTED THE DEPARTMENT'S FOCUS TOWARD ACHIEVING HEALTH EQUITY, WHERE EVERY RESIDENT IN EVERY COMMUNITY HAS THE OPPORTUNITIES AND RESOURCES THEY NEED TO GET AND STAY HEALTHY.**



**CHICAGO IS NATIONALLY RECOGNIZED FOR PUBLIC HEALTH LEADERSHIP.**

**CITYHEALTH, GOLD MEDALIST 2017 AND 2018** by De Beaumont Foundation

**HEALTH DEPARTMENT OF THE YEAR 2014** by National Association of City and County Health Organizations

**VACCINATION COVERAGE AWARDS  
YEARS 2012, 2014, 2015, 2016 AND 2018** by Centers for Disease Control and Prevention (CDC)

**STATE & LOCAL INNOVATION AWARD 2018** by Milbank Memorial Fund and Academy Health

**TOP 25 AND BRIGHT IDEAS INNOVATIONS IN  
GOVERNMENT AWARDS 2015 AND 2017** by Harvard University

**ROBERT WOOD JOHNSON FOUNDATION AWARD FOR  
OUTSTANDING EPIDEMIOLOGY PRACTICE IN  
ADDRESSING RACIAL AND ETHNIC DISPARITIES 2018** by Robert Wood Johnson Foundation

**BEST PLACE FOR YOUR UTERUS 2017** by National Institute of Reproductive Health Freedom Index

**INNOVATIVE HEALTH DEPARTMENT OF THE YEAR 2017** by National Network of Public Health Institutes

**FIRST BIG CITY IN THE NATION TO RECEIVE  
NATIONAL ACCREDITATION 2013** by Public Health Advisory Board

**BEST CITIES IN AMERICA FOR CYCLISTS 2017** by Thrillist Travel

**6TH MOST WALKABLE LARGE CITY IN THE US 2016** by Walkscore.com

**"OUR CITY IS AT ITS VERY BEST WHEN EVERY RESIDENT IN EVERY  
COMMUNITY HAS A REAL CHANCE TO GET AND STAY HEALTHY."**

**MAYOR RAHM EMANUEL**



# STRENGTHENING YOUTH HEALTH

**MAYOR EMANUEL, THE CHICAGO DEPARTMENT OF PUBLIC HEALTH (CDPH) AND CHICAGO PUBLIC SCHOOLS ARE COMMITTED TO IMPROVING THE HEALTH AND WELLBEING OF OUR CHILDREN.**

Today, less than 1% of Chicago children have elevated lead levels, compared to 25% in the late 1990s.



Guaranteeing recess at all CPS elementary schools since 2012 to ensure more children have opportunities for physical activity during the school day.



Helping more children see through more than **247,000 free on-site vision exams** and **130,000 eye glasses** at no cost to students or their families.



Brightening more than one million CPS students' smiles with on-site **preventive dental care** for CPS students at no cost to the child or their family.



Bringing **comprehensive care** to schools by expanding School Based Health Centers in four locations so students and community members can get comprehensive medical care.



Providing space for more than **135,000 Chicago children** to participate in play, physical activity, healthy food and educational opportunities through more than **150 PlayStreets events** every summer.





# A RECORD OF FIGHTING BIG TOBACCO



**Restricting youth access to tobacco products and deceptive marketing** by passing the nation's first restriction on flavored tobacco, including menthol; raising the tobacco age to 21; restricting tobacco displays to behind the counter; and requiring tobacco retailers to post warning signs about non-cigarette tobacco products. The city performs youth stings on tobacco retailers and has filed lawsuits against e-cigarette companies for youth marketing.



**Preventing youth tobacco initiation and reducing tobacco use by increasing price.** Chicago has the highest combined cigarette tax in the nation and the first municipal e-cigarette tax. Chicago also prohibits tobacco coupons and won a legal challenge enabling the city to tax cigars and smokeless tobacco.



**Expanding and strengthening tobacco-free environments** by adding e-cigarettes to the Chicago Clean Indoor Air Ordinance; prohibiting tobacco use in ballparks; and making all parks, beaches, playlots and harbors smoke-free.

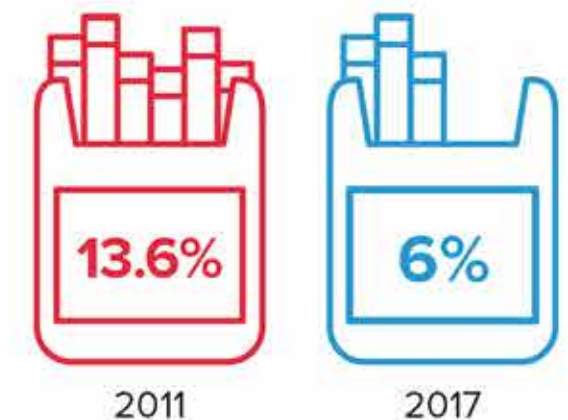


**Helping adults quit smoking** by funding local smoking cessation programs to provide free services in communities with high rates of adult tobacco use.

**CHICAGO HAS BECOME A NATIONAL LEADER IN THE FIGHT AGAINST BIG TOBACCO, CUTTING THE TEEN SMOKING RATE IN HALF; FALLING FROM 13.6% IN 2011 TO 6.0% TODAY.**



Chicago Teen Smoking Rate





# IMPROVING WOMEN'S HEALTH



**Reducing breast health disparities** by providing more screening opportunities, navigation support and innovative community outreach for African American and underserved women. **Since 2016, more than 8,000 screening mammograms have been provided to women and over 2,000 women have been connected to ongoing breast health services.**



**Supporting new parents through home visits** for women at higher risk for postpartum depression. During visits, a public health nurse meets families in their home providing education, referrals and moral support for the critical early months.

In partnership with UI Health and the Cook County Health and Hospital System, we have launched a pilot program that will **provide targeted services** in the critical days following birth to women diagnosed with severe maternal hypertension, a major cause of maternal mortality. UI Health and Stroger Hospital will refer families to a CDPH nurse who will conduct an in-home postpartum assessment as well as a newborn assessment within 72 hours of discharge from the hospital.

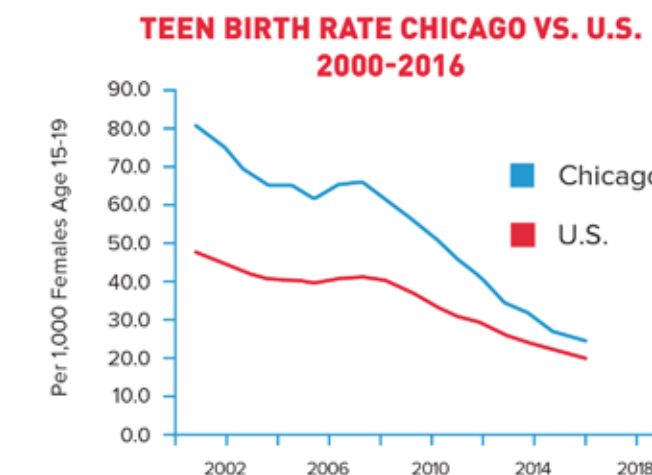
**Welcoming Chicago's babies** with Chicago's first Newborn Welcome Kit for all new parents, providing key health and early learning messages and connections for support. The Newborn Welcome Kit rollout will begin in 2019.



# LOWERING TEEN BIRTHS

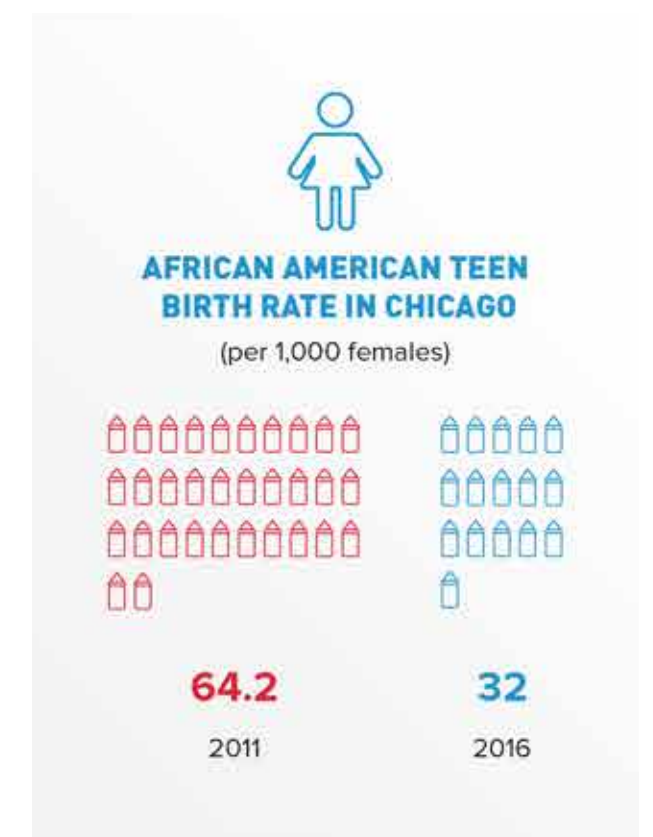


**Chicago's rate of teen births** (24.6 births per 1,000 females aged 15-19) **is lower than at any point in the city's history.** Though it remains higher than the national average, Chicago is aggressively closing the national gap. Since 2011 alone, Chicago's rate has dropped over 10 percent more than the national teen birth rate. Through the CHAT Program (Chicago Healthy Adolescents and Teens), CDPH partners with Planned Parenthood of Illinois to provide sexual health education (including information on contraception), screening for STIs, a one-one consultation with a health educator and linkage to care services. CDPH works closely with the CPS Office of Student Health and Wellness to support implementation of the District's comprehensive, medically accurate, age-appropriate sexual health education policy.



**Teen Births hit historic low. Chicago teens across every ethnic group are significantly less likely to give birth** than just eight years ago.

African American teens, who historically faced the greatest disparities, have achieved the steepest decline, **cutting rates in half from 64.2 in 2011 to 32.0 in 2016.**





# KEEPING CHICAGO HEALTHY

## PROTECTING CHILDREN AND ADULTS FROM POTENTIALLY LIFE THREATENING COMMUNICABLE DISEASES BY PROVIDING VACCINATIONS.

Protecting Chicago against the flu by:



Partnering with Walgreens to distribute fee flu vouchers to uninsured adults



Connecting residents with a flu clinic locator at [www.chicagoflushots.org](http://www.chicagoflushots.org)



Hosting 75 walk-in immunization clinics across Chicago during flu season every year.

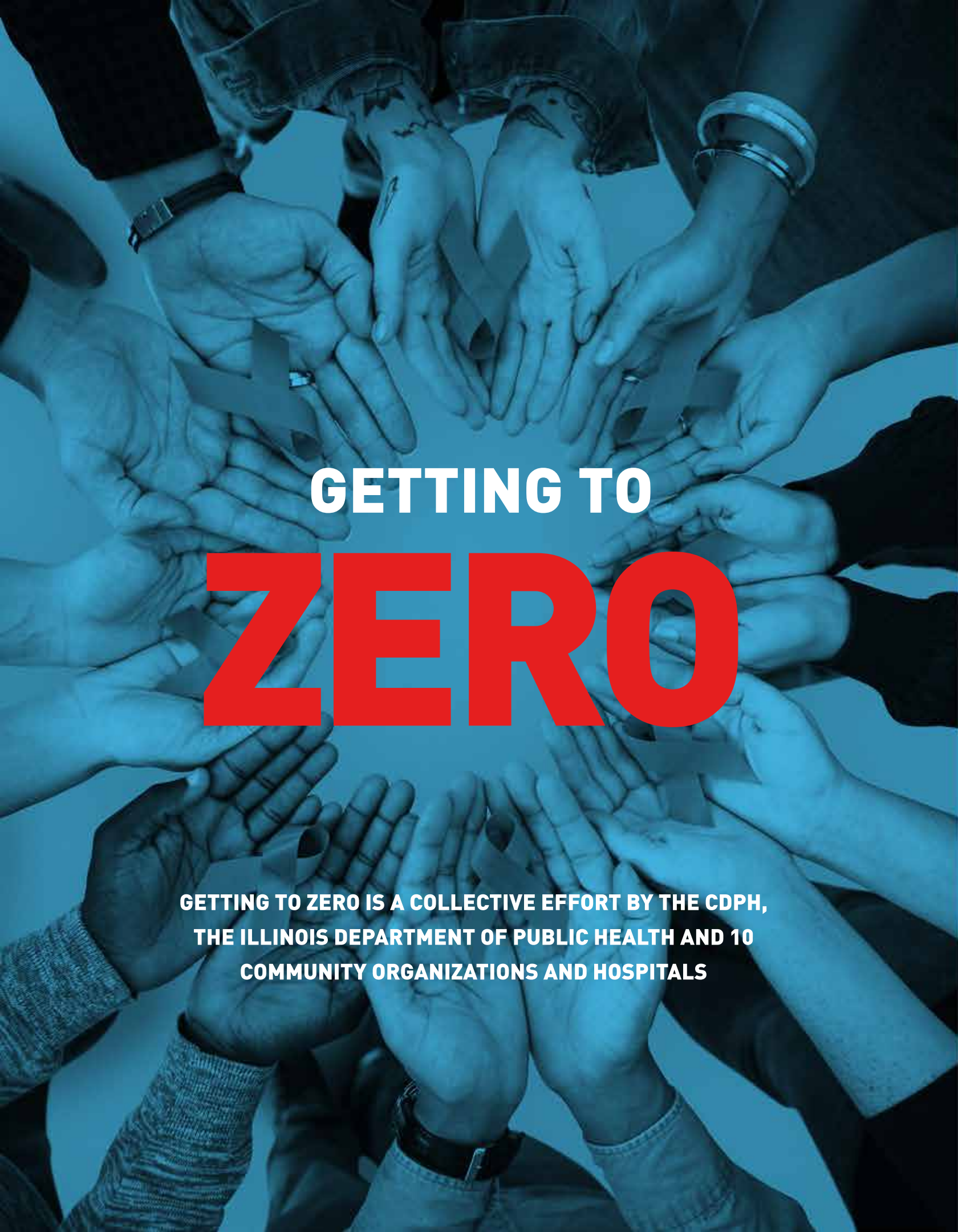


Recognized by the CDC for continued high adolescent immunization coverage rates at the National Immunization Conference in May 2018.



Increased rates for HPV coverage in adolescent boys from 41.6% in 2016 to **46.4% in 2017.**





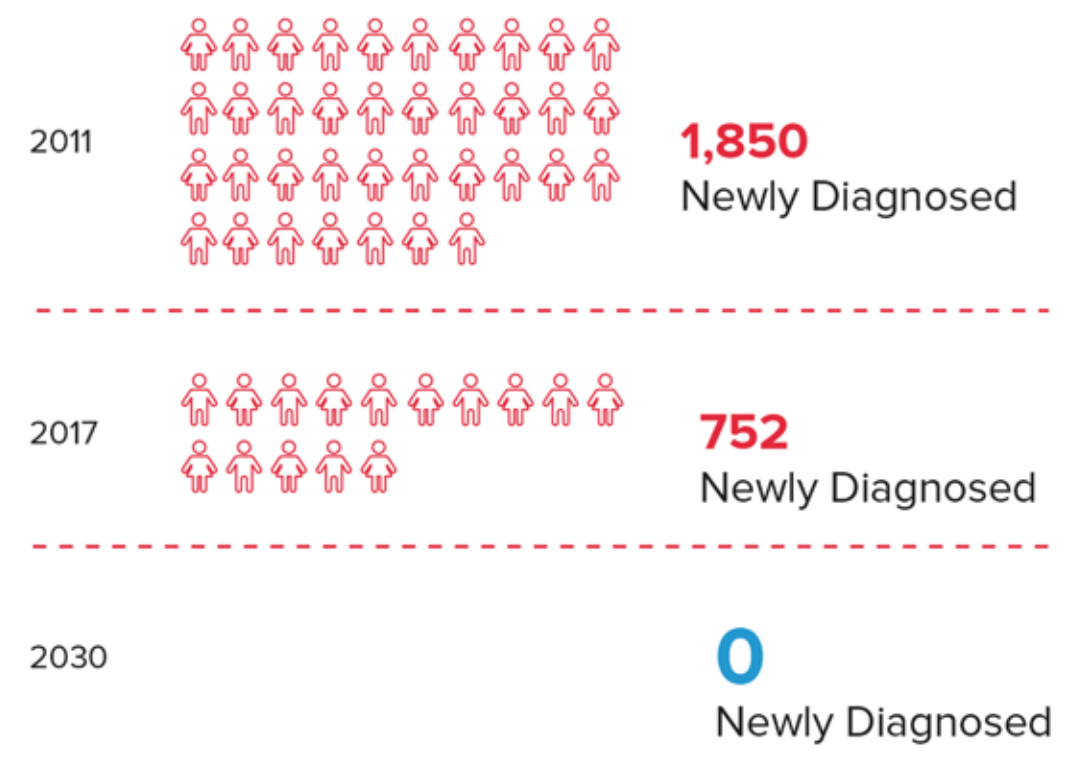
# GETTING TO ZERO

GETTING TO ZERO IS A COLLECTIVE EFFORT BY THE CDPH, THE ILLINOIS DEPARTMENT OF PUBLIC HEALTH AND 10 COMMUNITY ORGANIZATIONS AND HOSPITALS

The first report of what would be later deemed AIDS was reported by the CDC in 1981.

That means that individuals 37 years and younger have never known a world without HIV. **Getting to Zero could change that within their lifetime.**

## EFFECTIVELY ELIMINATING NEW HIV INFECTIONS WITHIN THE NEXT DECADE



## HERE'S HOW WE GET THERE



Increasing the use of prevention medications among those most vulnerable to the disease.



Ensuring that 70 percent of all people living with HIV receive the necessary medication to reduce their viral load, which significantly reduces the risk of transmission.



# BUILDING A STRONGER HEALTH SYSTEM

CDPH IS DATA-DRIVEN AND USES THIS DATA TO MAKE INVESTMENTS IN AREAS WITH THE GREATEST NEED. AS A RESULT, WE HAVE **STRENGTHENED** CHICAGO'S HEALTH INFRASTRUCTURE ENSURING MORE OPTIONS FOR CARE FOR MORE RESIDENTS. THE HEALTHY CHICAGO SURVEY, NOW IN ITS FIFTH YEAR, MEASURES HEALTH BEHAVIORS AND OUTCOMES ACROSS CHICAGO AND IS THE PRIMARY TOOL FOR UNDERSTANDING THE HEALTH AND WELL-BEING OF CHICAGO.

## CHICAGO PROVIDES COMPREHENSIVE HIV SERVICES

**THROUGH STRATEGIC INVESTMENTS  
IN DELEGATE AGENCIES.**



Focusing on prevention by providing over **128,000 HIV screenings per year** identifying new HIV positive individuals and linking individuals to PrEP prescriptions.



Providing housing and supportive services to people living with HIV/AIDS for over **1,500 families**.



Keeping individuals living with HIV healthy through primary care services. UIC and Howard Brown Health assumed management of HIV Primary Care clinics in Englewood and Uptown, respectively. Since then, both organizations have increased services, outreach and education, while spending less taxpayer resources. **As of September 2018, our providers have delivered services to 3,254 individuals.**



# INCREASING MENTAL HEALTH ACCESS

## CHICAGO'S MENTAL HEALTH SYSTEM IS GETTING STRONGER



Connecting residents to Chicago's network of 250 community mental health provider sites by connecting 311 to the National Alliance on Mental Illness Chicago (NAMI) helpline, expanding helpline hours to include nights and weekends, and providing additional language options. Expanding capacity for emergency psychiatric care by expanding the capacity of existing mental health service sites to provide additional walk-in crisis therapy and psychiatry care for residents, including those who may be uninsured.

**833-NAMI-CHI (6264-244)**



Coordinating post-trauma mental health response by connecting community-based providers to communities for coordinated and timely responses when tragedy strikes, ensuring residents in need are connected to quality care.

# CHICAGO'S SUBSTANCE USE PREVENTION AND TREATMENT SERVICES ARE INCREASING

# PREVENTING SUBSTANCE USE DISORDER



Expanding outreach and education initiatives, engaging residents through community health workers, spearheading the Heroin Task Force, educating thousands of healthcare providers in medication assisted treatment and launching [OvercomeOpioids.com](http://OvercomeOpioids.com).



Establishing the country's toughest regulations on pharmaceutical representatives to protect residents from predatory marketing of prescription drugs. In addition, the city filed a lawsuit against major drug manufacturers for deceptive marketing.



Doubling Chicago's investment in substance addiction programs and overdose reversal over the past three years, including an additional \$500,000 annual investment in 2018.

**\$250,000**



**Reversed 1,554 Overdoses**  
Between July 2016 and June 2017



**Distributed 4,541 Naloxone Kits**  
To Communities Across the City

Investing **\$250,000** annually in naloxone, a life-saving medication that stops an opioid overdose. This investment helped **reverse 1,544 overdoses** between July 2016 and June 2017, and distribute **4,541 naloxone kits** to communities across the city.



Equipping Chicago Police Department officers with naloxone and training them on how to administer it to save a life if they witness an overdose. CPD began the initial roll-out to patrol officers in four districts with a high overdose risk, including the Calumet (5), Gresham (6), Ogden (10) and Harrison (11) police districts as well as the Narcotics Unit. As of January 2018, all new recruits in the Academy will be trained on naloxone administration.



# PROTECTING THE ENVIRONMENT

**AS THE FEDERAL GOVERNMENT WEAKENS ENVIRONMENTAL PROTECTIONS, CHICAGO REMAINS COMMITTED TO PROTECTING OUR AIR, WATER AND LAND.**

- **Banning new petcoke, coke and coal facilities** and prohibiting the expansion of existing facilities.
- Requiring bulk material operators and other industries such as rock crushers to manage operations onsite to **reduce offsite dust emissions** primarily through ensuring a fugitive dust plan is in place.
- **Implementing a new fly dumping ordinance** that holds accountable those who illegally leave waste on public or private property.
- **Initiating a new soil and proposed air sampling study** to investigate companies who may store manganese, requesting that EPA evaluate the impact to residents' health in the area and increasing scrutiny of companies that use manganese.
- **Banning new manganese-bearing material operations** and preventing existing facilities from expanding.
- **Expanding CDPH's environmental protection team**, increasing the department's capacity to inspect and fine polluters citywide. CDPH is adding ten additional staff members, a 37 percent increase in the team, to help ensure businesses across Chicago comply with the city's environmental code.

# GUARANTEEING SAFE FOOD

**CHICAGO TAKES GREAT PRIDE IN ITS STRONG RESTAURANT SCENE, WORKS TO ENSURE OUR FOOD SUPPLY REMAINS SAFE AND THAT OUR RESTAURANTS STAY CLEAN.**



**Innovative tools** created to prioritize inspections and to identify outbreaks (for example FoodBorne Chicago).



**Hiring 22 additional food inspectors** as part of an ongoing effort to ensure the safety of all Chicago food establishments.



**Implementing new requirements** based on the latest science while conforming to federal guidelines and state and local laws.

**IN 2017 CHICAGO WAS NAMED THE BEST RESTAURANT CITY BY BON APPETIT MAGAZINE.**

**WE ARE THANKFUL FOR THE LEADERSHIP OF MAYOR RAHM EMANUEL AND THE INCREDIBLE WORK OF THE DEPARTMENT OF PUBLIC HEALTH IN PARTNERSHIP WITH MEDICAL PROVIDERS, AND COMMUNITY CHAMPIONS. TOGETHER, WE HAVE MADE A DIFFERENCE AND LEAVE A LEGACY OF HEALTH.**







[CITYOFCHICAGO.ORG](http://CITYOFCHICAGO.ORG)



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