



Englewood Neighborhood Health Center: Services and Impact



Date: February 20, 2019



Mile Square Health Center

To provide holistic, quality services in the midst of an underserved, urban community.



UI Health |



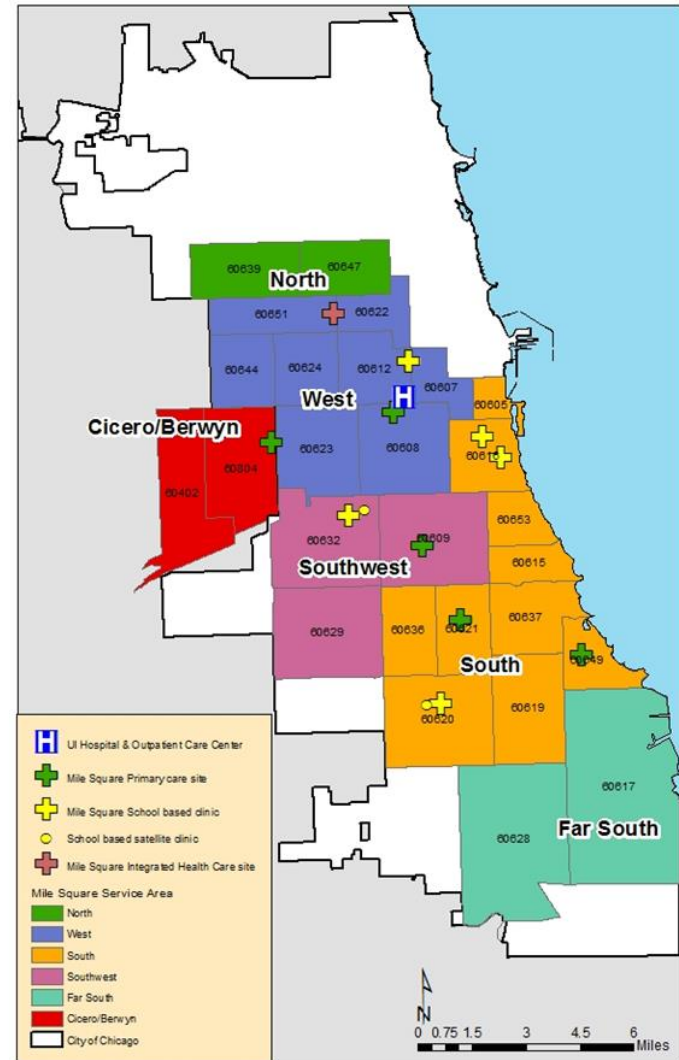
Who We Are

- Opened on Chicago's West Side in 1967— among the first Community Health Centers in the nation
- Co-managed and operated by The Board of Trustees of the University of Illinois and the Mile Square Health Center Board, a patient-majority community board
- Clinics staffed by health professionals from the University of Illinois

Our Mile Square Enterprise Service area & clinics

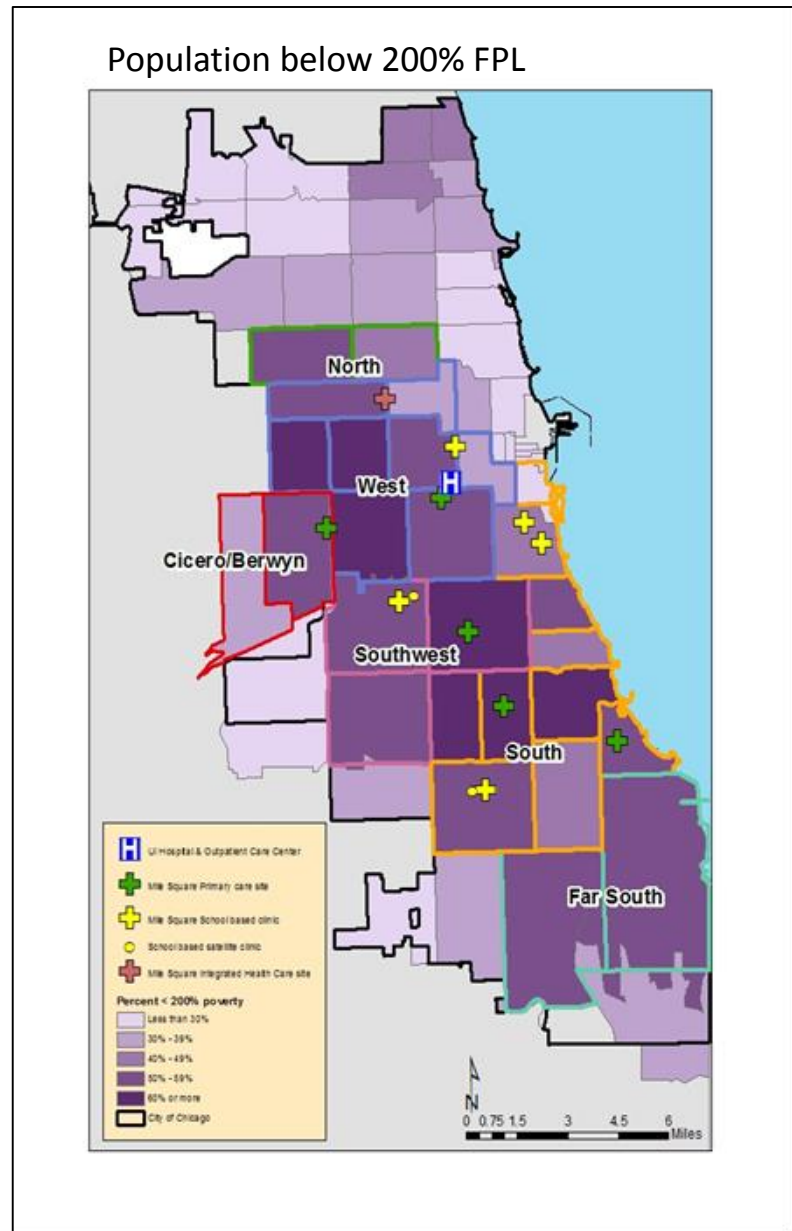
- Service area comprises 49 of Chicago's 77 community areas – mostly West and South sides, and the towns of Cicero and Berwyn.
- Operate 13 clinics: 5 primary care regional sites; 7 school-based health centers; and one nurse-led practice site that provides primary care to patients with severe mental illness.
- Services include Family Medicine; Pediatrics; Women's Health; Behavioral Health and Substance Use Disorder Services; Urgent Care; Dental Services; Optometry Care; HIV/AIDS Care; Social/Enabling Services and TeleHealth.

Mile Square Service Area Map & Clinics



People & Communities We Serve

- 1.6 million people reside in service area—overwhelmingly African American and Hispanic/Latino.
- 26% are low-income (below 200% of the federal poverty level (FPL)); 28% live in poverty (below 100% FPL).
- Health disparities evident across most key indicators, exceeding national benchmarks for prevalence of diabetes; cardiovascular disease; adult and childhood obesity; low birth weight; and infant mortality.
- Served 40,000 patients with 108,000 visits in CY 2018.





Mile Square - Englewood

- Served 4,310 patients with 8,993 visits in CY 2018
- Unique Programs and Innovations:
 - Healthy Minds Healthy Children Healthy Chicago (H3). Community-based integrated care model that combines general pediatric care with mental health services for children. From October 2013 – December 2018, 2,930 children received an H3 intervention.
 - Mile Square Englewood STI Clinic. Along with our other healthcare services, since September 2018 Mile Square health Center has expanded STI and PREP services for patients in the Englewood community and beyond. We screen and treat for STI's such as HIV, Gonorrhea, Chlamydia, Syphilis etc. 174/month since we started.
 - Telemedicine (coming soon)-emphasis in behavioral health



Chicago Torture Justice Center



Who We Are

- The Chicago Torture Justice, is located in Englewood on the south-side of Chicago, and seeks to address the trauma of police violence and institutionalized racism through access to healing and wellness services, trauma-informed resources, and community connection.
- The CTJC engages its work through four key clinical approaches: nested theory of conflict, trauma informed care, psychosocial accompaniment and harm reduction. This interlocking approach forms a foundation of care and partnership that reflects the needs of the community and honors the space created together.
- These clinical approaches are explored through key components of the center that included therapeutic services and center activities.

Programs and Services

- Individual and group counseling
- Case Management
- Political Advocacy
- Court support for survivors and families
- Community organizing
- Somatic Healing



What We Do

- Healing Space
 - Survivor Healing and Empowerment Program
 - Individual and Family Therapeutic Services
 - Support Groups
 - Case Management
 - Somatic Healing: massage, acupuncture
 - Reaching survivors still incarcerated
- Community Space
 - Meeting space for community
 - Ongoing outreach and education on how police violence impacts individuals, families and communities
 - Standing exhibit on Burge and survivors experiences

Therapeutic Approach

Trauma Informed Care

- Institutional approach that recognizes potential for re-traumatization in service delivery
- Emphasizes safety, trustworthiness and transparency

Psychosocial Accompaniment

- Respect for dignity of survivor
- Warmth and deep listening
- Emphasizes the cultural and historical nature of harm

Harm Reduction

- Destigmatizes behavior
- Spectrum of strategies to cope with behavior
- Commonly associated with Drug & alcohol use

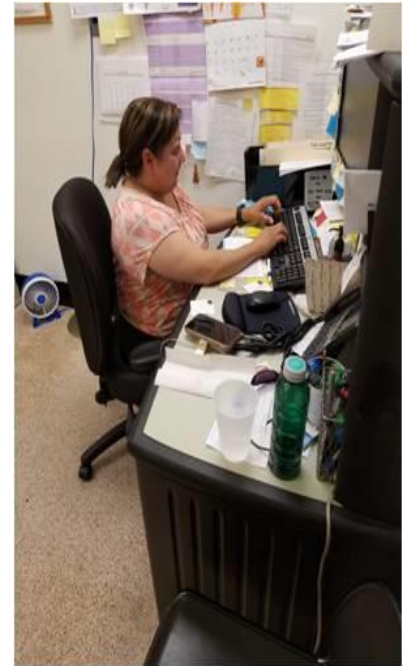
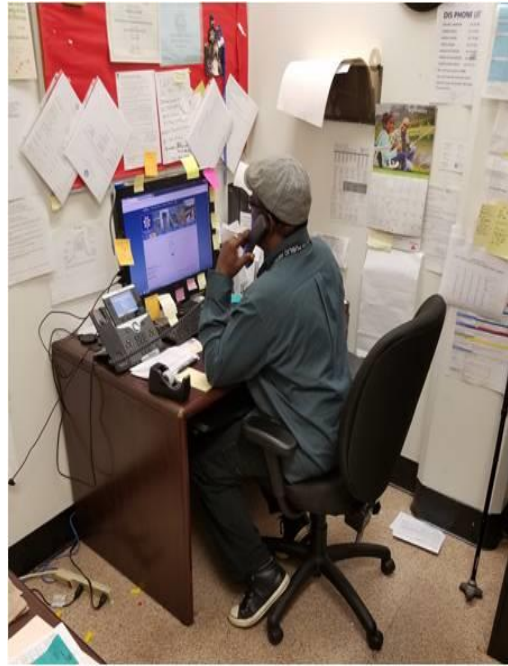


Testimonials

- **Community Education & Engagement:** “Giving back needs to be in the community center. The only one who can reach them [guys from the street] is us”
- **Storytelling Project/Speakers Bureau:** “Telling my story has been the most helpful thing for me.”
- **Advocacy:** “We must teach others how to interact with the police.”



Chicago Department of Public Health STI/HIV Bureau Services



Chicago Department of Public Health



Surveillance

- Monitors trends/outbreaks
- Follow-up on incomplete reporting
- QA/QI



Partner Services

- Counseling/Partner Services
- Risk Reduction
- Linkage to car4e/resources

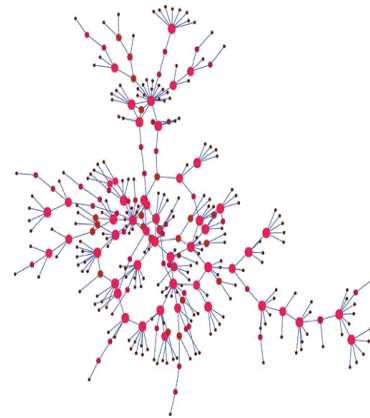


Clinical Services

- Clinical STI/HIV service sites
- Testing/Treatment
- Partner services

STI/HIV Partner Services

- Contact tracing as an intervention strategy for communicable diseases dates to the 18th century
- “Partner services” (PS) focuses on sex- and injection equipment-sharing contacts
 - Encompasses prevention counseling and linkage to treatment, PEP/PrEP and other clinical and psychosocial support services
- PS has become more complex because of changes to sexual networks
- Illinois Administrative Code requires PS for individuals diagnosed with syphilis or HIV in past year
- Morbidity has increased and resources have declined, requiring prioritization of PS

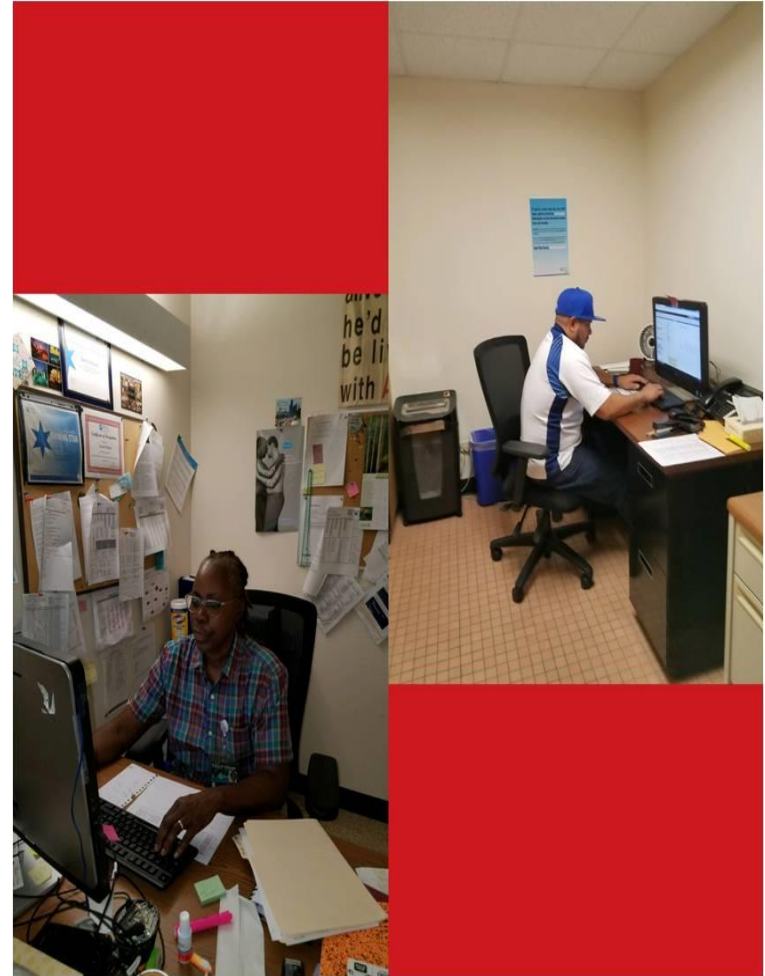


STI/HIV Partner Services

- PS is associated with:
 - Increased notification and testing of exposed partners if PS is conducted by trained provider than if left to the index patient alone
 - High positivity rates among partners tested
 - Greater likelihood that index patients will notify their own partners
 - High rates of linkage to care
 - Persons living with HIV are more likely to disclose status to future partners
- **Studies have shown that clients are most receptive to receiving partner counseling from their providers (Bell & Potterat, 2011)**

PARTNER SERVICES SUPPORT FROM CDPH

- Confidential, supportive, trained Disease Intervention Specialists (DIS)
- Counseling and assisting patients to develop a plan for notifying their partners
- Confidentially notifying and linking partners to testing and treatment on the patient's behalf
- Educating and referring patients and their partners for PrEP and other prevention interventions



Presenters

Cindy Eigler

Co-Executive Director

Chicago Torture Justice Center

Aislinn Pulley

Co-Executive Director

Chicago Torture Justice Center

Tammy Rutledge, MHA, CQA

Director, STI Surveillance

Chicago Department of Public Health

Ian Jasenof, M.D.

Chief Medical Officer

Mile Square Health Center

Ashish Ansal, M.D.

Site Medical Officer

Mile Square Health Center



Englewood Services



Monday – Friday
9am – 5pm
Call: **773-388-1600**

Community healthcare and wellness services for all people regardless of gender identity, sexual orientation, age or insurance status. We accept all types of insurance, offer a sliding scale and see anyone that comes through our doors. Services include: diabetes specialty, dental, hepatitis and HIV screening and treatment, sexual health, mental wellness and psychiatry, transgender hormone therapy, and insurance enrollment. Walk-ins welcome.



Monday – Friday
9am – 5pm
Call: **773-783-1031**

Largest provider of sexual assault support services in Illinois, offering crisis intervention, counseling, prevention education and medical and legal advocacy services. We offer services to families seeking child care and a variety of support resources for child care providers. We also offer career, financial management, digital literacy and business services to help youth and adult members achieve financial stability and obtain training to enter high-growth fields.

Englewood Services

Hours of Operation are Monday to Friday 8:00 AM to 4:00 PM



Mental Health – (312) 747-7496

Mental health assessments, crisis intervention, individual counseling, group therapy, medication monitoring and administration and case management.

Immunization – (312) 745-1000

Vaccinations for children 0 through 18 years of age at no out-of-pocket cost. No appointment is necessary.

WIC Nutrition Services – (312) 747-4815

We provide healthy food, nutrition education and community support to income eligible pregnant women, moms of infants and children up to five years old. Services also include breastfeeding specialists and referrals to healthcare professionals such as pediatricians and dentists.

Nursing and Support Services for Infants with Health Challenges – (312) 747-5810

Infant and family assessments, clinical care-coordination, health education (family planning, infant safety, growth and development), need-based referrals and follow-up to infants with health challenges. These services are delivered in the patient's home or in the community with nurse-conducted visits.



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